

THE HABIT OF GIVING THANKS

1. Eph. 5:20 – We are exhorted to give thanks always; this can only happen “always” as it becomes a habit.
 - Habits are the children of our choices
2. We have to acquire & develop the attitude of gratitude that expresses itself in thanksgiving because we are not born grateful.
3. **ABC's** of a thankful heart
 - A**cknowledge God as the Source of all blessings & every good thing
 - B**ase it on unchangeable things
 - C**redit the contributions of others in your life