

WHY HOLD ON TO UNFORGIVENESS

1. Unforgiveness is a spiritual, mental, and emotional state that results from a delayed response in forgiving someone who trespassed against you.
2. It is a choice and refusal to let go or release the offender.
3. Our will is involved in both forgiveness & unforgiveness

Eight reasons why it's in your best interest to learn to forgive:

1. It blocks the release of God's forgiveness in your own life (Mk. 11:25,26)
2. It puts you in a prison of torment. (Mtt. 5:25,26; 18:32-35)
3. It gives Satan an advantage over you. (2 Cor. 2:10,11)
4. It opens you up to physical trouble. (Pr. 11:17)
5. It can cause you in anger to say things that lead to judgment (Mtt.5:22)
6. It reduces your spiritual walk to a natural one. (1 Cor. 3:1-3)
7. Its bitter roots can make you mean and mad. (Eph. 4:31)
8. It hinders prayer (Ps. 66:18) and giving (1 Cor. 13:3), or it hinders whatever you offer to God (Mtt. 5:28).