

TWO SIDES TO ANGER

I. The Two Sides to Anger (Ephesians 4:26, 31)

A. Justified anger - v. 26 Be ye angry and sin not....

B. Unjustified anger - v. 31 Let all ... wrath and anger be put away from you....

II. Justified and Unjustified Anger

A. It is justified when:

1. God's Word and principles are knowingly disobeyed Ex. 32:19, 20;

1 Ki. 11:1-4, 9, 10; Num. 11:1

2. God's enemies assume authority, power, or position outside their rights, and it takes away the rights of the righteous. Is. 5:20-25 esp. v 23; 1 Sam. 11:6

B. It is unjustified when:

1. It comes from a wrong motive Lk. 15:25-32.

2. When things don't go our own way & we get destructive Jonah 3:10-4:1, 4, 9;
2 Sam. 14:28-30.

3. We react too quickly without getting all the facts Pr. 14:17, 29; 16:32;
Eccl. 7:8, 9; Jms. 1:19.

4. We take vengeance for a hurt, threat, injustice or frustration Rom. 12:19.

III. Don't retain anger – Deal with it

A. Eph. 4:26; Eccl. 7:9

1. Health

2. Relationships Pr. 22:24

3. Judgment Matt. 5:21-26

B. Lev. 19:17, 18