

PUT IT AWAY

I. An angry & lawless world

A. Matt. 24:4-8, 12; 2 Thess. 2:6-9

B. Two sides – Justified Eph. 4:26; Unjustified Eph. 4:31

C. #1 way we give place to the devil Eph. 4:27

1. Two main Greek words for anger – Anger, orge; Wrath; thumos

2. Two ways we sin with our anger: Blow up (battleship) or Clam up (submarine)

II. Anger is a secondary emotion

A. There is always another emotion you feel first.

1. Frustration

2. Injustice

3. Guilt

4. Hurt

5. Threat

B. We must be honest about and deal with the first emotion to get release.

III. Remedies to Anger

A. Avoid reacting too quickly to what we see and hear

B. Do not use anger to make things right

C. Let God be the ONE to get justice and not avenge ourselves

D. Do not allow anger or retain anger to go on prolonged or unresolved

E. Develop in long-suffering , forbearance, and forgiveness

Frustration

Injustice

Guilt

Hurt

Threat