

WINNING THE EMOTIONAL WARFARE

I. We are spirit, soul, and body

- A. 1 Thess. 5:23 – The soul is the seat of the mind, will, and emotions
- B. Jesus died for wholeness in all three areas

II. The warfare for the mind involves our emotions

- A. Gen. 37:31-36 – If what we think doesn't reflect reality (or truth), then what we feel will not reflect reality or truth.
 - 1. Emotions are God given.
 - 2. Emotions are a product of our thoughts
 - feedback mechanism & indicators what is going on in our soul
 - 3. Emotions, whether pleasant or painful, are designed to take us somewhere: either toward the will of God or away from it.

III. Our responsibility toward thoughts

- A. Discern the source Matt. 16:13-17,21-23
- B. Bring into captivity every thought 2 Cor. 10:3-5
- C. Sort, select, and focus on right thoughts Phil. 4:8
- D. Renew your mind with God's thoughts Rom. 12:2; Is. 55:8, 9