

# RESTORATION FOR OUR SOUL

Jesus in His total humanity poured out on the Cross purchased our redemption and made restoration available to us.

That restoration includes our entire spirit, soul, and body 1 Thess. 5:23

God promised to restore our soul Psalm 23:3

## **1. Recognize the need Eph. 2:1-3**

- Real damage took place & real restoration is needed
- Everyone without exception needs it
- The fall brought spiritual death but also the loss of the dominion of man's spirit

## **2. Know what the process is called Rom. 12:2; James 1:21**

- Know where salvation took place (spirit, soul, body)
- Know how it is renewed; God's provision in us 1 Cor. 2:16 & focus on getting the Word in your spirit

## **3. Understand how you have to cooperate in the process**

- It's not automatic
- It's personal
- It's ongoing
- You must know how to secure a line of defense
- Never lose sight of God's commitment to you