

# CONTROL FEAR'S ENTRY

## I. Fear doesn't come from God

A. 2 Tim. 1:7 The Spirit which God has given us has no fear in it

B. 2 Tim. 1:6 satan uses fear to sideline our gifts

## II. Fear's avenues of entry

A. By **words** – Things you hear; what you listen to

1. Isaiah 37:6; Ezekiel 2:6; Psalm 112:7, 8; Mark 5:35, 36

2. Eph. 6:16 Have a “shield” verse

B. By **sight** – Things you see; what you look at

- Ex. 14:10; 2 Ki. 6:13, 17; Deut. 20:1, 3; Matt. 14:29, 30

C. By **thoughts** – Things you think on; what you think about

- 2 Chron. 20:15; 2 Cor. 10:4, 5; Phil. 4:8

Since fear is on the outside trying to get in (John 14:27), ask:

What am I listening to, looking at, or thinking on?