

# THE WAY OUT OF DISCOURAGEMENT

## I. Remove the fog of war

- A. Don't lose sight of why you are here; it helps you fight through what is here Jer. 1:5.
- B. The Lord is a very present help Ps. 46:1
- C. Identify the cause of discouragement  
(Delay Prov. 13:12; Opposition 1 Kings 19; Frustration Ezra 4:4, 5; Fatigue Neh. 4:10; Misplaced hope Ps. 62:5; Struggle Heb. 12:1)

## II. The way out of discouragement

- A. Live in the present not the past Is. 43:18, 19; Phil. 1:6
- B. Draw strength from God and others; don't withdraw Josh. 1:5, 6
- C. Lay hold of the hope from God's promises Rom. 15:4, 13.