

LIVING BURDEN FREE

1. Worry is taking thoughts Matt. 6:25, 27, 28, 31, 34.
 - They must be being offered to us; we don't have to take them
 - Phil. 4:8; 2 Cor. 10:3-5
2. Worry never adds anything good v. 27.
 - No good effects, only bad
3. Worry is always future v. 25, 31, 34.
 - Borrowing from "Tomorrow;" takes us out of "Now," and faith is Now
 - Where faith begins; anxiety/worry ends.
4. Worry is a device satan uses to choke the Word Mark 4:19.