

THE WAY OUT OF DISCOURAGEMENT

I. The causes of discouragement.

- A. Prov. 13:12 - Delay
- B. 1 Kings 19 - Opposition
- C. Ezra 4:4, 5 - Frustration
- D. Neh. 4:10 - Fatigue
- E. Ps. 62:5 - Misplaced hope
- F. Heb. 12:1, 12-14 - Struggling with besetting sins

II. The way out of discouragement

- A. Live in the present not the past Is. 43:18, 19; Phil. 1:6
- B. Draw strength from God and others; don't withdraw Josh. 1:5, 6
- C. Lay hold of the hope from God's promises Rom. 15:4, 13.