

THE PERSON WHO FASTS

1. Realizes that the issues opposing them are not natural or coincidental but spiritual [2 Chron. 20:1-30](#).
2. Understands God's commitment, blessing, and reward to those who seek Him [2 Chron. 26:5](#); [Ps. 34:10](#); [Pr. 28:5](#); [Jer. 29:13, 14](#); [Heb. 11:6](#).
3. Needs to do it Biblically with right motives while enjoying the great freedom we are given [Matt. 6:16-18](#).