

DANCE BEFORE THE LORD

I. The Meaning of Dancing

A. Hebrew words translated “dance”

1. To move with various turns and agitations in token of joy
2. To turn; to twist; to dance.
3. To move nimbly; to dance.
4. To leap; to skip; to dance with joy.

B. Music - melody, harmony, rhythm – rhythm is to effect the body

II. What Dancing Expresses

A. A celebration of victory [Ex. 15:20, 21](#); [1 Sam. 18:6](#)

B. An expression of praise [Ps. 150:4](#)

C. An expression of joy and rejoicing [Ps. 32:11](#)

D. Associated with release from captivity/freedom [Jer. 31:1, 4, 13](#)