## TRUTHS TO MASTER OUR EMOTIONS

## I. Three Tenses of Salvation

- A. Past were saved from <u>sin's penalty</u> JUSTIFICATION instant
- B. Present are being saved from sin's power SANCTIFICATION process
- C. Future will be saved from sin's presence GLORIFICATION instant

## **II. Truths to Mastering Our Emotions**

- A. A product of our thoughts
- B. Indicators of what is going on in our thoughts/soul
- C. Designed to move us or take us somewhere
- D. Can be a help when subjected but a hindrance when unsubjected
- E. Are to be the followers of our behavior/obedience not the leaders
- F. Victory is already purchased and comes with the mind of Christ