## **SPIRITUAL STRENGTH AND PROTECTION**

- I. Reasons We Need the Armor
  - A. To be strong and to be able to stand
  - B. Provision; Protection; Preview of possible attacks
- II. The Whole Armor of God
  - A. God being for us so no one can be against us is in giving us armor
  - B. There is strength and protection in each of these
    - 1. Loins girt (belt) about with truth
    - 2. Breastplate of **righteousness**
    - 3. Feet shod with preparation of the **Gospel of peace**
    - 4. Shield of faith
    - 5. Helmet of **salvation**
    - 6. Sword of the Spirit the Word of God
  - B. Praying always Persevering in prayer and watching