## I'M NOT GOING TO TAKE IT ANYMORE

- Worry (care) to have anxious concern about; to be troubled with anxious care; to be distracted; a troubling, fretting, engrossing emotion and concern (based on apprehension about possible danger or misfortune)
- 2. Worry is a device satan uses to choke, smother, and kill things.
- 3. Worry enters in:
  - A. Before we hear the Word to stop our **FEEDING** on it Luke 10:38-42
  - B. After we hear the Word to kill its FRUIT Luke 8:14
  - C. At any time to kill our FOCUS Luke 21:34

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## **WORRY IS:**

- 1. Taking wrong thoughts Matt. 6:25-34
- 2. Not sorting thoughts Phil. 4:8
- 3. Not taking thoughts captive 2 cor. 10:3-5

## **WORRY IS DEFEATED BY:**

- 1. Taking thoughts captive 2 cor. 10:4, 5
- 2. Talk to Someone Who cares Phil. 4:6, 7
- 3. Throw your care on Him 1 Peter 5:6, 7
- 4. Meditation on God's Word Joshua 1:8